





BREAKFAST

TOAST 4.7

with your choice of spreads on rye, sourdough, soy quinoa, Turkish or raisin

> FRUIT SALAD 7.5 / 8 fresh seasonal / with yoghurt

CHIA POTS (DF, GF) 8 coconut soaked chia served with seasonal berries and honey

MADHOUSE GRANOLA 8.5 sweetened yoghurt and seasonal fruit

APPLE AND ALMOND BIRCHER MUESLI (DF) 9 oats and chia soaked in apple juice and almond milk finished with a selection of freshly grated apples, chopped nuts and seeds

ACAI BREAKFAST BOWL 9.5 smooth blend of acai berries, coconut water, banana & chia seeds

AVOCADO SMASH (V) mint, Persian feta and lemon on toasted rye 1 or 2 pieces 5 / 9.5

> SMOKED SALMON AND AVOCADO 9 cream cheese on toasted rye

BACON & EGG ROLL 8 milk bun with tomato chutney

B.L.T 9

two pieces of bacon, cos, tomato and mayo on toasted multigrain

HEALTHY BREAKFAST (V) 11

soft boiled egg, tomato, avocado, ricotta and rocket with soy quinoa toast

BIG BREKKY 12

bacon, sliced roma tomato, boiled egg and avocado with toast



SIDES

BACON 3.5

SMOKED SALMON 4.5

FREE RANGE SOFT BOILED EGG

1/4 AVOCADO 3

- BAR SNACKS -

PEANUTS 6 roasted mixed nuts **HOT CHIPS (V)** 8 with raw vegie bowl CHEESE BOARD (V) 18 / 24 a selection of 2 cheeses served with lavoche & fresh fruit THE 'FOX' BOARD 24 selection of cured meats, cheese, pickles & bread



DRINKS

BEER & cider	gls	btl
Pipsqueak APPLE Cider NSW Somersby PEAR Cider NSW		8.2 8.2
James Boag Premium LIGHT TAS 150 Lashes Pale Ale NSW Asahi JAPAN Birra Moretti ITALY Little Creatures Pilsner WA		7.2 8.2 8.2 8.2 8.2
WINE's		
Amanti Prosecco DOC NV Veneto ITALY	10	48
Moët & Chandon Brut NV Champagne FRANCE		110
Ant Moore Sauvignon Blanc Marlborough, NEW ZEALAND		42
House Semillon Sauvignon Blanc Margaret River, WA	8	38
Logan Pinot Gris Orange, NSW		40
Domaine Triennes Rosé Provence, FRANCE	10	46
2 Paddocks Picnic Pinot Noir Central Otago, NEW ZEALAND		50
House Cabernet Merlot Langhorne Creek, SA	8	38
Woods Crampton Shiraz Barossa Valley, SA		40

+ choose your SALAD DRESSING:

lemon, balsamic, mayo or chipotle mayo

SALAD BOWLS

IO mixed leaves, radicchio, shaved fennel, radish,

cherry tomato, julienne carrot

select one from below:

brown rice; quinoa; couscous or brown lentils

and ADD some PROTEIN:

shaved chicken +4 shaved ham +3.5bacon +3.5

smoked salmon + 3.5 halloumi + 3.5 avocado + 3

FRESHLY MADE SANDWICHES DAILY

SEE OUR COUNTER FOR TODAYS SPECIALS



MAINS

SOUP OF THE DAY 11 served with crusty baguette

SMOKED SALMON & AVOCADO 16 open sandwich on New York deli rye with cream cheese, avocado,

capers and chives

180g WAGYU BEEF BURGER 14 with iceburg lettuce, cheese, tomato & pickles

GRILLED CHICKEN BURGER 14 raw slaw and chipotle mayo

PLEASE SEE OUR DAILY SELECTION OF CAKES & PASTRIES FOR DESSERT

Foundation (GGF), which raises funds for specific projects targeting children. GGF designs and builds all access playgrounds in children's hospitals across Australia and raises funds to train doctors specialising in the treatment of children with epilepsy and other neurological conditions.

www.georgegreganfoundation.com



\$6 HAPPY HOUR

every Friday 4-6pm ALL WINES BY THE GLASS + BEERS